

MARA 2019-2020 Training and Race Schedule

Date	Training Days and Plan	Regional Races	USSA Races U10/U12/U14	USSA Races U16/U19
December				
6-Dec				U16+ @Mammoth- SL
7-Dec	Fundamentals/Drills/Directed free skiing	<i>Conditions Permitting</i>		U16+ @Mammoth- SL
8-Dec	Fundamentals/Drills/Directed free skiing	<i>Conditions Permitting</i>		U16+ @Mammoth- GS
9-Dec				U16+ @Mammoth- GS
14-Dec	Fundamentals; Brushes+skills focus	<i>Conditions Permitting</i>		
15-Dec	Fundamentals; Brushes+skills focus	<i>Conditions Permitting</i>		
20-Dec			U14+ @Mt. Bachelor- GS	
21-Dec	Fundamentals; Stubbies, skills	<i>Conditions Permitting</i>	U14+ @Mt. Bachelor- GS	
22-Dec	Fundamentals; Stubbies, skills	<i>Conditions Permitting</i>	U14+ @Mt. Bachelor- SG	
27-Dec	Holiday Camp- GS Fundamentals	<i>Conditions Permitting</i>		U16+ @Auburn SC- Night SL
28-Dec	Holiday Camp- GS Fundamentals	<i>Conditions Permitting</i>		U16+ @Auburn SC- Night SL
29-Dec	Holiday Camp- SL Fundamentals	<i>Conditions Permitting</i>		
30-Dec	Holiday Camp- SL Fundamentals	<i>Conditions Permitting</i>		
January				
3-Jan	Masters- Fundamentals/GS Brushes;Stubbies			U16+ @Mammoth- SL
4-Jan	GS- Evaluation Days; Fundamentals/Drills			U16+ @Mammoth- SL
5-Jan	GS- Evaluation Days; Fundamentals/Drills			U16+ @Mammoth- GS
9-Jan	Thursday Night SL- Stubbies			
10-Jan	Masters- Fundamentals/SL Brushes;Stubbies			
11-Jan	SL		U10/U12 @Mammoth- GS	U14 @Squaw Valley- GS
12-Jan	SL		U10/U12 @Mammoth- GS	U14 @Squaw Valley- GS
16-Jan	Thursday Night SL			
17-Jan	Masters- GS			
18-Jan	GS			
19-Jan	GS			
20-Jan	Holiday- Training available 9:00-1:00- GS			
23-Jan	Thursday Night SL			
24-Jan	Masters- SL			U16+ @Northstar- GS
25-Jan	Shakespeare Cup- GS	**Home Race**		U16+ @Northstar- GS
26-Jan	Shakespeare Cup- SL	**Home Race**		U16+ @Northstar- SL
February				
30-Jan	Thursday Night SL			
31-Jan	Masters- SL			
1-Feb	SL	Siskiyou Cup @Mt Shasta- GS		U14 @Diamond Peak- SL
2-Feb	SL	Siskiyou Cup @Mt Shasta- SL		U14 @Diamond Peak- SL
6-Feb	Thursday Night SL			
7-Feb	Masters- GS			
8-Feb	GS <i>End of 6 week programs</i>			U10/U12 @ Squaw- SG
9-Feb	GS <i>End of 6 week programs</i>			U10/U12 @ Squaw- SG
10-Feb				



13-Feb	Thursday Night SL			
14-Feb	Masters- SL			
15-Feb	SL			
16-Feb	SL			
17-Feb	Training available 9:00-1:00- SL			
20-Feb	Thursday Night SL			
21-Feb	Masters- GS			
22-Feb	Keiser Cup- SL	**Home Race**		
23-Feb	Keiser Cup- GS	**Home Race**		
27-Feb	Thursday Night SL			
28-Feb	Masters- GS			U10-U14- 4-Way @Hood Ski Bowl
Feb-29	GS End of 9 week programs	Siskiyou Cup @Mt Shasta- GS	U10/U12 @Alpine Meadows- SL	U10-U14- 4-Way @Hood Ski Bowl
1-Mar	GS End of 9 week programs	Siskiyou Cup @Mt Shasta- SL	U10/U12 @Alpine Meadows- SL	U10-U14- 4-Way @Hood Ski Bowl
March				
5-Mar	Thursday Night SL			
6-Mar	Masters- SL			
7-Mar	SL			
8-Mar	SL			
9-Mar				
12-Mar	Thursday Night SL- Final Night			
13-Mar	Masters- GS			
14-Mar	GS			
15-Mar	GS			
16-Mar	Holiday- Training available 9:00-1:00- SL			
19-Mar			U10 Champs @Sugar Bowl- GS	
20-Mar	Masters- SL- Last Day		U10 Champs @Sugar Bowl- SL	U14 @Hood Meadows- SL
21-Mar	Sloan Cup- SL End of 12 week programs	**Home Race**	U10 Champs @Sugar Bowl- Big G	U14 @Hood Meadows- GS
22-Mar	Sloan Cup- GS End of 12 week programs	**Home Race**	U10 Champs @Sugar Bowl- SQ	U14 @Hood Meadows- PSL/SG
	Spring Break			
26-Mar			U12 Champs @Northstar- SG	U14 Champs @Squaw Valley- TRSG
27-Mar			U12 Champs @Northstar- GS	U14 Champs @Squaw Valley- SG
28-Mar	Speed Training		U12 Champs @Northstar- SL	U14 Champs @Squaw Valley- GS
29-Mar			U12 Champs @Northstar- PL	U14 Champs @Squaw Valley- SL
30-Mar				
April				
3-Apr				U14+ Tech Finals- 2nd Year U14+
4-Apr	Speed Training			2 SL @Sugar Bowl SL
5-Apr				2 GS @Northstar GS
6-Apr				U14+ Tech Finals
11-Apr	Speed Training			
12-Apr				
18-Apr	Speed Training			
19-Apr				
24-Apr	May Day Race- XC, and Jump	@Mt. Bachelor		

25-Apr	May Day Race-U14/U16 SG; U10/U12 GS	@Mt. Bachelor		
26-Apr	May Day Race-U14/U16 SG; U10/U12 GS	@Mt. Bachelor		

All scheduled dates and events are subject to change. Snow, weather, athlete participation, and other factors may effect scehdule.